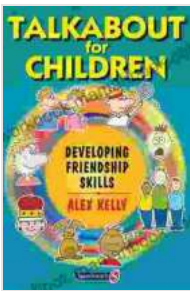


Talkabout: The Essential Tool for Children Developing Friendship Skills

Making and maintaining friendships is an essential part of a child's social and emotional development. Friendships provide children with a sense of belonging, security, and support. They also help children learn how to communicate, cooperate, and resolve conflicts. However, some children struggle with the social skills necessary to make and keep friends.



Talkabout for Children 3: Developing Friendship Skills

by Alex Kelly

★★★★☆ 4.8 out of 5

Language : English

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Print length : 232 pages



Talkabout is an evidence-based program that teaches children the social skills they need to make and maintain friendships. Through interactive games and activities, children learn how to:

- Initiate conversations
- Join in on conversations
- Take turns talking
- Listen to others

- Ask questions
- Make eye contact
- Use appropriate body language
- Resolve conflicts
- Build strong relationships

Talkabout is designed for children ages 4-12. It can be implemented in a variety of settings, including schools, clinics, and community centers. The program is typically delivered in 10-12 weekly sessions. Each session lasts for 60-90 minutes.

There is a growing body of research that supports the effectiveness of Talkabout. Studies have shown that children who participate in Talkabout show significant improvements in their social skills, including their ability to make and maintain friendships.

One study, published in the journal *Child Development*, found that children who participated in Talkabout had higher levels of social competence and fewer friendship problems than children who did not participate in the program. The study also found that the benefits of Talkabout were maintained one year after the program ended.

Another study, published in the journal *Exceptional Children*, found that Talkabout was effective in improving the social skills of children with autism spectrum disorder. The study found that children with autism who participated in Talkabout had significant improvements in their ability to communicate, cooperate, and resolve conflicts.

Talkabout is a valuable tool for children developing friendship skills. The program is evidence-based, effective, and can be implemented in a variety of settings. If you are concerned about your child's social skills, Talkabout is a great option to consider.

How Talkabout Works

Talkabout uses a variety of interactive games and activities to teach children the social skills they need to make and maintain friendships. These games and activities are designed to be fun and engaging, while also providing children with opportunities to practice their social skills in a safe and supportive environment.

Some of the games and activities used in Talkabout include:

- **The Friendship Circle:** This game helps children learn how to initiate conversations and join in on conversations.
- **The Turn-Taking Game:** This game teaches children how to take turns talking and listen to others.
- **The Question Game:** This game helps children learn how to ask questions and make eye contact.
- **The Body Language Game:** This game teaches children how to use appropriate body language to communicate their feelings.
- **The Conflict Resolution Game:** This game helps children learn how to resolve conflicts in a peaceful and cooperative way.

In addition to these games and activities, Talkabout also includes a variety of role-playing exercises. These exercises give children the opportunity to

practice their social skills in a variety of real-life situations.

Talkabout is a structured program that is delivered in a consistent and supportive manner. The program is typically delivered in 10-12 weekly sessions. Each session lasts for 60-90 minutes.

How to Implement Talkabout

Talkabout can be implemented in a variety of settings, including schools, clinics, and community centers. The program can be delivered by a variety of professionals, including teachers, counselors, and social workers.

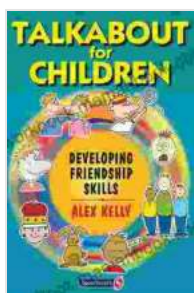
If you are interested in implementing Talkabout in your child's life, the first step is to find a qualified provider. You can find a list of qualified providers on the Talkabout website.

Once you have found a qualified provider, you will need to decide how you want to implement the program. Talkabout can be delivered in a variety of ways, including:

- **Group sessions:** Group sessions are typically held once a week for 60-90 minutes. Group sessions are a great way for children to learn from and interact with their peers.
- **Individual sessions:** Individual sessions are typically held once a week for 30-45 minutes. Individual sessions are a good option for children who need more individualized support.
- **Home-based sessions:** Home-based sessions are typically delivered by a parent or caregiver. Home-based sessions are a good option for families who want to implement the program at their own pace.

The best way to implement Talkabout will vary depending on your child's individual needs and circumstances. Your child's provider can help you choose the best option for your child.

Talkabout is a valuable tool for children developing friendship skills. The program is evidence-based, effective, and can be implemented in a variety of settings. If you are concerned about your child's social skills, Talkabout is a great option to consider.



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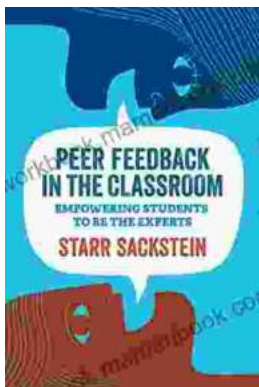
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